



## Madison Frost

Madison Frost began Rhythmic Gymnastics at the age of 5. She fell in love with the sport and looked up to her coaches, which inspired her to become a coach. She has trained in gymnastics for 15 years and is still currently training. Growing up, she was coached by Danielle Stepnuk, Emily Richard, Genevieve Giesbrecht and Shari Hebert. Madison was eager to become a coach and spent a few years being a Coach in Training. She began The Coach in Training Program in the 7th Grade. This will be her 8th year Coaching. Madison has competed in various competitions throughout Western Canada and the United States, including Provincial and Western Championships. Some of Madison's achievements include being an Individual and Group Provincial Champion, placing top 8 All Around at several Western Regional Championships, placing on the podium for All Around in Group Competition at Western's and winning the Las Vegas Invitational. Madison has also attended Canadian and World Gymnaestrada in Dornbirn, Austria representing Canada. Madison has been nominated for a Coach of the Year award 3 times and was Awarded Recreational Coach of the year for the 2019-2020 Season. She has judged Interclub at several competitions and is working towards becoming a Provincial Level Judge. Madison is working towards a degree in Athletic Therapy at the University of Manitoba, and she hopes to stay involved in the Rhythmic Gymnastics Community for years to come.