



## **Amila Hoang**

Amila was introduced to Rhythmic Gymnastics at age 7 by Natalia Rybak at Alegria Gymnastics Club, and later she has been coached by Zdravka Tchonkova and Shari Hebert at HPTCI and Rhythmic Royals. Amila immediately fell in love with the sport. As an athlete she competed at Provincial, Regional and National competitions. Amila's favorite apparatus is hoop. Her coaching career started in 2014 at Rhythmic Royals Gymnastics Club, where she started to coach and develop our youngest competitive gymnasts. Amila shares her knowledge, passion, love and dedication with her athletes, many of which became Provincial Champions.

Following are Amila's selected awards and achievements:

As an athlete

- Triple Flip Passion Award 2015
- Emelia Reddy Trophy – awarded to the National Stream group that achieves the highest score of the competition.
- Provincial Champion L6C

As a coach

- Apprentice Coach of the Year 2016
- Recreational Coach of the Year 2017
- Coach of Level 2A Provincial Champion 2018

Beside coaching Amila is a full time University Student at the University of Manitoba in the Faculty of Science. Interested in pursuing a career in the Health Care Field. We are happy to have Amila as our coach.