



2022 Summer Training Camp Information

The Summer Camp for ALL competitive and recreational athletes is scheduled for August 8-12, and August 15-19, 2022, at Max Bell Centre, University of Manitoba

Cost and training times are as follows:

- 5:00 - 8:30 pm for athletes in all Provincial Stream levels

Fees:

one week or any 5 days - \$210.00

two weeks (10 days) - \$365.00

During the summer training camp, we will focus on building athletes' endurance, strength, flexibility, coordination, apparatus technique, ballet technique, body technique and new choreographies based on coaches' decisions, to ensure athletes are prepared for the 2022-2023 season.

We encourage all our competitive stream athletes to participate in the Summer Training Camp, as this is an important part of their preparation for the upcoming year.



To register complete the form and
email to:

rhythmicroyalsmb@gmail.com

Summer Camp Registration

Gymnast's full name: _____

Competitive Level and/or age: _____

Parent/Guardian's full name: _____

Parent/Guardian phone: _____ Email: _____

Summer camp (check with (X) all that apply):

Option 1(**week 1** - Aug 8-12, 2022) _____ (\$210)

Option 2 (**week 2** -Aug 15-19, 2022) _____ (\$210)

Option 3 (**week 1+2** - Aug 8-12 & Aug 15-19, 2022) ____ (\$365)

Option 4 (**any 5 days** during camp) _____ (\$210)

Payment can be done by e-transfer or cheque payable to Rhythmic Royals.

E-transfer to: tchonkova@gmail.com Password – Royals

In the memo, please write the name of athlete and Fees for training camp

Deadline for registration and payment: June 30th, 2022

Late registration may be accepted based on availability

